HEALTHHISTORY (YOU) Do you currently have, or have you had in the past, any of the following? Your Notes: Your Notes: Your Notes: Have	longevity blog							
Autoimmune disorders (lupus, celiac disease, rheumatoid arthritis)	HEALTH HISTORY (YOU)	Do you current	<u>ly have</u> , or	have you had <u>in the</u>	past, any of the following?			
Cardiac arrhythmias (freegular heart beat)					Your Notes:			
Mycocrdial infarction (heart attack) Coronary artery disease (bypass surgery, stent placements, angioplasty) Cardiomyopathy, Heart failure Have	Autoimmune disorders (lupus, celiac disease, rheumato	oid arthritis)	□ Have	□ Had				
Mycocrdial infarction (heart attack) Coronary artery disease (bypass surgery, stent placements, angioplasty) Cardiomyopathy, Heart failure Have	Cardiac arrhythmias (irregular heart beat)	1	□ Have	□ Had				
Stroke		I	□ Have	□ Had				
Stroke	Coronary artery disease (hypass surgery, stent placemen	nts angionlasty)	П Have	□ Had				
Have								
Have	Ct. 1							
High cholesterol								
Diabetes	Tight blood pressure	'	□ Have					
Chronic kidney disease								
Macular degeneration	Diabetes		□ Have	□ Had				
Chronic bronchitis	Chronic kidney disease		□ Have	□ Had				
Chronic obstructive pulmonary disease, Emphysema	Macular degeneration	I	□ Have	□ Had				
Chronic obstructive pulmonary disease, Emphysema	Chronic bronchitis		□ Have	□ Had				
Crohn's disease, Ulcerative colitis								
Crohn's disease, Ulcerative colitis	District Control							
Have								
Description Description	Croim's disease, electative conds		□ Have					
Liver disease, cirrhosis								
Alzheimer's disease	Osteoarthritis		□ Have	□ Had				
Parkinson's disease Depression Have Had Anxiety Have Had Seizure disorder Have Had Migraines Have Had Learning disabilities Have Had Birth defects Have Had Multiple miscarriages Cancer Checklist brain breast colon and rectum esophageal colon and rectum esophageal colon and rectum kidney conon-Hodgkin lymphoma ovarian pancreatic prostate colon.	Liver disease, cirrhosis	ı	□ Have	□ Had				
Depression	Alzheimer's disease	I	□ Have	□ Had				
Anxiety	Parkinson's disease	I	□ Have	□ Had				
Seizure disorder	Depression			□ Had				
Seizure disorder	American							
Migraines								
Learning disabilities								
Birth defects								
Multiple miscarriages	Learning disabilities		⊔ Have	⊔ Had				
Cancer Checklist brain	Birth defects	1	□ Have	□ Had				
brain □ breast □ colon and rectum □ esophageal □ liver □ liver □ lung, tracheal, bronchus □ kidney □ ovarian □ ovarian □ pancreatic □ prostate □	Multiple miscarriages		□ Have	□ Had				
brain □ breast □ colon and rectum □ esophageal □ liver □ liver □ lung, tracheal, bronchus □ kidney □ ovarian □ ovarian □ pancreatic □ prostate □	Cancer Checklist							
leukemia □ liver □ lung, tracheal, bronchus □ kidney □ non-Hodgkin lymphoma □ ovarian □ pancreatic □ prostate □								
lung, tracheal, bronchus □ kidney □ non-Hodgkin lymphoma □ ovarian □ pancreatic □ prostate □	colon and rectum \square esophageal \square							
non-Hodgkin lymphoma □ ovarian □ pancreatic □ prostate □	leukemia □ liver □							
pancreatic □ prostate □	lung, tracheal, bronchus \square kidney \square							
uterine	pancreatic □ prostate □							
other								

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HEALTH HISTORY (FAMIL		Include: mother, father, brothers, sisters, children grandmothers, grandfathers, and aunts/uncles related to your parents					
Autoimmune disorders (lupus, ce	lian diaggan ulangunataid			Your Notes:			
arthritis)	mac disease, medinatoid	□ No	□Yes				
Cardiac arrhythmias (irregular he	art beat)	□ No	□Yes				
Myocardial infarction (heart attac		□No	□Yes				
Coronary artery disease (bypass surgery, stent placements, angiopla			□ Yes				
Cardiomyopathy, Heart failure		□ No	□ Yes				
Stroke (hemorrhagic or ischemic),	TIA	□ No	□ Yes				
Hypertension (high blood pressur	re)	□ No	□ Yes				
Dyslipidemia (high cholesterol)		□No	□ Yes				
Diabetes (Type I or Type II)		□ No	□ Yes				
Chronic kidney disease		□ No	□Yes				
Macular degeneration		□ No	□ Yes				
Chronic bronchitis		□ No	□ Yes				
Chronic obstructive pulmonary d	isease, Emphysema	□No	□ Yes				
Blood clotting disorders		□ No	□ Yes				
Crohn's disease, Ulcerative colitis		□ No	□ Yes				
Osteoporosis Osteoarthritis		□ No	□ Yes				
Liver disease, cirrhosis Alzheimer's disease		□ No	□ Yes				
Alzhenner's disease		□ No	□ res				
Parkinson's disease		□ No	□ Yes				
Depression		□ No	□ Yes				
Anxiety		□ No	□ Yes				
Seizure disorder		□ No	□Yes				
Migraines		□No	□Yes				
Learning disabilities		□ No	□ Yes				
Birth defects		□ No	□ Yes				
Multiple miscarriages		□ No	□ Yes				
Cancer Checklist							
brain	breast □						
colon and rectum \square	esophageal 🗆						
leukemia □	liver □						
lung, tracheal, bronchus □	kidney 🗆						
non-Hodgkin lymphoma \square	ovarian 🗆						
pancreatic	prostate □						

uterine \square